

*Spring Awakening Yoga Retreat*  
*with Emma Live Yoga*  
*March 27th - March 29th 2020*

Return form to:

Emma Conally-Barklem, 18 Bolckow St.  
Guisborough, TS14 6EN  
or email to [emmaliveyoga@gmail.com](mailto:emmaliveyoga@gmail.com)

## Retreat Booking Form

One form to be completed by each guest please

### Guest Details

Name:

Contact Telephone Number:

Address & Postcode:

Email:

Known Allergies:

Special Dietary Requirements:

Relevant Health Issues:

Level of Yoga Experience:

### Room Required

Large Triple En-Suite (based on 3 sharing a room)	£235	<input type="checkbox"/>
Twin En-Suite (based on 2 sharing a room)	£250	<input type="checkbox"/>
Double En-Suite (based on 2 sharing a room)	£250	<input type="checkbox"/>
Double En-Suite (single occupancy)	£310	<input type="checkbox"/>
Single En-Suite	£290	<input type="checkbox"/>

### Payment Details

**A £50 deposit is required to secure a place, to be received with your booking form by September 6th 2019.**

Forms to be returned to Emma Conally-Barklem, 18 Bolckow St, Guisborough, TS14 6EN.

**Balances are to be received by February 7th 2020.**

Please note:

Early booking is advised as places are limited.

Deposits are non-refundable.

## **Cancellation Policy**

Deposits are non-refundable.

Cancellations made before September 6<sup>th</sup> 2019, £50.00 deposit will be charged.

Cancellations made beyond February 7<sup>th</sup> 2020, 100% of total cost will be charged.

## **Travel Insurance**

The cost of the retreat does not include travel insurance. You are advised to purchase your own via an independent insurer as Cober Hill will make an extra administrable charge of £125 for 'no shows'.

## **Arrival & Departure Times**

Accommodation is available from 3.30pm on Friday March 27<sup>th</sup> 2020, and must be vacated by 10.30m on Sunday March 29<sup>th</sup> 2020.

## **Allergies**

It is extremely important to make us aware of any food allergies or sensitivities that you are aware of prior to the retreat, particularly airborne.

If you need any help with anything on the form or more information to help you make the decision about whether to attend or not, please don't hesitate to get in touch. We're happy to answer all questions!

Thanks for your interest and we very much look forward to receiving your form knowing that you'll be sharing the weekend with us. ☺

**Emma Live Yoga**

**X**