

Ashtanga Yoga for Everyone

Weekend Retreat with

Emma Live Yoga

July 3rd to July 5th 2020

Return form to:

Emma Conally-Barklem, 18 Bolckow St.
Guisborough, TS14 6EN
or email to emmaliveyoga@gmail.com

Retreat Booking Form

One form to be completed by each guest please

Guest Details

Name:

Contact Telephone Number:

Address & Postcode:

Email:

Known Allergies:

Special Dietary Requirements:

Relevant Health Issues:

Level of Yoga Experience:

Room Required

Large Triple En-Suite (based on 3 sharing a room)	£235	<input type="checkbox"/>
Twin En-Suite (based on 2 sharing a room)	£250	<input type="checkbox"/>
Double En-Suite (based on 2 sharing a room)	£250	<input type="checkbox"/>
Double En-Suite (single occupancy)	£310	<input type="checkbox"/>
Single En-Suite	£290	<input type="checkbox"/>

Payment Details

A £50 deposit is required to secure a place, to be received with your booking form by Friday February 7th 2020.

Forms to be returned to Emma Conally-Barklem, 18 Bolckow St, Guisborough, TS14 6EN.

Balances are to be received by Friday May 22nd 2020.

Please note:

Early booking is advised as places are limited.

Deposits are non-refundable.

Cancellation Policy

Deposits are non-refundable.

Cancellations made before September 6th 2019, £50.00 deposit will be charged.

Cancellations made beyond February 7th 2020, 100% of total cost will be charged.

Travel Insurance

The cost of the retreat does not include travel insurance. You are advised to purchase your own via an independent insurer as Cober Hill will make an extra administrable charge of £125 for 'no shows'.

Arrival & Departure Times

Accommodation is available from 3.30pm on Friday July 3rd, and must be vacated by 10.30m on Sunday July 5th 2020.

Allergies

It is extremely important to make us aware of any food allergies or sensitivities that you are aware of prior to the retreat, particularly airborne.

If you need any help with anything on the form or more information to help you make the decision about whether to attend or not, please don't hesitate to get in touch. We're happy to answer all questions!

Thanks for your interest and we very much look forward to receiving your form knowing that you'll be sharing the weekend with us. ☺

Emma Live Yoga

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