

# *Autumn Escape Yoga Retreat*

*with Emma Live Yoga*

*Friday October 16<sup>th</sup> - Sunday October 18<sup>th</sup> 2020*

Return form to:

Emma Conally-Barklem, 18  
Bolckow St.  
Guisborough, TS14 6EN

or email to [emmaliveyoga@gmail.com](mailto:emmaliveyoga@gmail.com)

## Retreat Booking Form

One form to be completed by each guest please.

### Guest Details

Name:

Contact Telephone Number:

Address & Postcode:

Email:

Known Allergies:

Special Dietary Requirements:

Relevant Health Issues:

Level of Yoga Experience:

### Room Requirements

Classic Double Room Single Occupancy                      £350                     

Classic Twin Room Double Occupancy                      £300                     

\*Please note: there are only a few twin rooms available so do contact me to check availability before booking\*

### Payment Details

**A £50 deposit is required to secure a place, to be received with your booking form by Friday 10th July 2020.**

Forms to be returned to Emma Conally-Barklem, 18 Bolckow St, Guisborough, TS14 6EN.

**Balances are to be received by Friday 21st August 2020.**

Please note:

Early booking is advised as places are limited.

Deposits are non-refundable.

## **Cancellation Policy**

Deposits are non-refundable.

Cancellations made before Friday 10th July 2020, £50.00 deposit will be charged.

Cancellations made beyond Friday 21st August 2020, 100% of total cost will be charged.

## **Travel Insurance**

The cost of the retreat does not include travel insurance. You are advised to purchase your own via an independent insurer.

## **Arrival & Departure Times**

Check -in is from 2pm on the Friday and Check-out is by 11am on the Sunday.

## **Allergies**

It is extremely important to make us aware of any food allergies or sensitivities that you are aware of prior to the retreat, particularly airborne.

If you need any help with anything on the form or more information to help you make the decision about whether to attend or not, please don't hesitate to get in touch. We're happy to answer all questions!

Thanks for your interest and we very much look forward to receiving your form knowing that you'll be sharing the weekend with us.

☺

**Emma Live Yoga**

**X**