Spring Awakening Yoga Retreat  
with Emma Live Yoga  
March 25– March 27, 2022

**Retreat Booking Form  
One form to be completed by each guest please**

**Guest Details**

Name:

Email:

Contact Telephone Number:

Emergency Contact (Name/and Phone Number):

Known Allergies:

Special Dietary Requirements:

Relevant Health Issues:

Level of Yoga Experience:

**Room Required** (please tick)

Large Triple En-Suite (based on 3 sharing a room) £260

Twin En-Suite (based on 2 sharing a room) £280

Double En-Suite (based on 2 sharing a room) £280

Double En-Suite (single occupancy) £330

Single En-Suite £300

**Payment Details**

**A £50 deposit is required to secure a place, to be received with your booking form** **by 30 September 2021.**  
Forms to be emailed to Emma Conally-Barklem at emma@emmaliveyoga.com.  
**Balances are to be received by** **Friday 4 February 2022.**

*Please note:*   
Early booking is advised as places are limited.  
Deposits are non-refundable.

**Cancellation Policy**

Deposits are non-refundable.  
Cancellations made before 30 September 2021; £50.00 deposit will be charged.   
Cancellations made beyond 4 February 2022, 100% of total cost will be charged.

**Travel Insurance**

The cost of the retreat does not include travel insurance. You are advised to purchase your own via an independent insurer as Cober Hill will make an extra administrable charge of £125 for ‘no shows’.

**Arrival & Departure Times**

Accommodation is available from 3.30pm on Friday 25 March 2022 and must be vacated by 10.30m on Sunday 27 March 2022.

**Allergies**  
It is extremely important to make us aware of any food allergies or sensitivities that you are aware of prior to the retreat, particularly airborn.

I have read and understood the [Booking & Cancellation Policy](https://www.emmaliveyoga.com/yoga-booking-policy/) and [Privacy Policy](https://www.emmaliveyoga.com/privacy-policy/).

If you need any help with anything on the form or more information to help you make the decision about whether to attend or not, please don’t hesitate to get in touch. We’re happy to answer all questions!

Thanks for your interest and we very much look forward to receiving your form knowing that you’ll be sharing the weekend with us. ☺

**EmmaLiveYoga**

**Return completed form to:  
emma@emmaliveyoga.com**