

# Accessible Ashtanga & Hatha Yoga Emma Conally Barklem



## Casa Benedetto, Ischia, Italy

June 25th - July 2nd 2022

£635 single / £535 sharing

**The Venue:** This family run venue is situated on the island of Ischia in charming Succivo, a small village in the municipality of Serrara-Fontana. We have chosen this simple and charming venue as it's a great way to enjoy the magic of Ischia on a budget, we will be the only guests.

It is close to St'Angelo with its narrow streets and lanes and high-fashion boutiques - you may either walk there or take the bus. Also nearby is the famous Sorgeto Bay with its thermal hot springs coming out of the seabed at a temperature of 90 c degrees.

Casa Benedetto's rooftop terrace overlooks the sea from where you can admire views of the famous and ancient village of Sant'Angelo in the distance, and out to sea the small island of Capri.

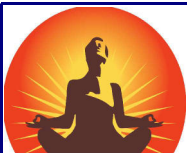
**Accommodation** is provided in comfortable en-suite rooms. Whilst it does not have a swimming pool it is only 5 minutes walk from the small and cosy beach 'Cava Grado'

\*Special diets not easily catered for, food is vegetarian

**Included:** Accommodation, breakfast, dinner on six nights and yoga

**Not included:** Flights, transfers, treatments, lunch and snacks, one dinner, all bottled water, teas and coffee, treatments and excursions

**Flights & Transfers:** You will need a flight to Naples, from there you will be met and transferred to the venue. Group transfers are 40 euros per person each way (including the ferry) payable locally. The transfer, including the ferry, will take between two and two and a half hours.



To reserve your place, or for more information,  
please contact the Free Spirit Travel office:-

01273-564230 email: [info@freespирityoga.co.uk](mailto:info@freespирityoga.co.uk)

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